

Falk Symposium

176



# Environment and Lifestyle – Effects on Disorders of the Digestive Tract

October 9 – 10, 2010  
Freiburg, Germany



Preliminary  
Program

**Application for  
CME credits  
submitted**

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CME credits for the Falk Symposium 176 have been applied for at the European Union of Medical Specialists (UEMS) – European Board of Gastroenterology (EBG). The number of credits awarded will be printed in the final program.

## Preface

In the last decade many meetings and conferences have dealt with genetics of digestive diseases. However, it became clear rather soon that there are many important effects of environment and lifestyle with regard to the manifestation and expression of such disorders. A very typical example are inflammatory bowel diseases, which are considered as „civilization disorders“. However, many other diseases of the upper and lower GI-tract as well as of the liver and the pancreas are influenced by lifestyle and environment to a large extent. Alcohol, smoking, obesity and obviously infections may be mentioned.

The Falk Symposium 176 takes place on the occasion of the 50<sup>th</sup> Anniversary of the Dr. Falk Pharma GmbH and is part of the IV Falk Gastro Conference 2010. Presidents and scientific organizers would be very glad to welcome many colleagues and friends to this anniversary symposium. Unfortunately the founder of Dr. Falk Pharma GmbH, Herbert Falk, cannot be with us. In his honor and memory the International Herbert Falk Award will be presented at the occasion of this meeting for the first time.

Presidents and scientific organizers



# Environment and Lifestyle – Effects on Disorders of the Digestive Tract

Freiburg, Germany

## Registration:

Friday, October 8, 2010  
8.30 – 17.00 h  
at the congress office

## Presidents:

M. Classen, Munich (Germany)  
G. N. J. Tytgat, Amsterdam (Netherlands)

## Scientific Organization:

H. E. Blum, Freiburg (Germany)  
R. H. Hunt, Hamilton (Canada)  
D. K. Podolsky, Dallas (USA)  
J. Schölmerich, Regensburg (Germany)

## Congress Venue:

Konzerthaus Freiburg  
Rolf-Böhme-Saal  
Konrad-Adenauer-Platz  
79098 Freiburg  
Germany

## Information:

Prof. Dr. Jürgen Schölmerich  
Klinik für Innere Medizin I  
Klinikum der Universität Regensburg  
93042 Regensburg  
Germany  
Telephone: +49 (0) 941/944-7001  
Telefax: +49 (0) 941/944-7002  
E-mail: juergen.schoelmerich@  
klinik.uni-regensburg.de

## Official Language:

English and German  
(Simultaneous translation)

## Call for posters:

For details see page 13

## Publication date of final program:

October 2010

The final program will be available on the homepage [www.falkfoundation.org](http://www.falkfoundation.org) one week before.



# Saturday, October 9, 2010

## Session I

### Genetic basis of digestive diseases

**Chair:** D. P. Jewell, Oxford; J. Mössner, Leipzig

- |              |  |                              |
|--------------|--|------------------------------|
| <b>9.00</b>  | Genetic susceptibility for disorders of the digestive tract - Principles               | R. Duerr,<br>Pittsburgh      |
| <b>9.30</b>  | Epigenetics – Principles and effects   | J. P. Hamilton,<br>Baltimore |
| <b>10.00</b> | Interaction between susceptibility and environment – Examples from the digestive tract | G. Rogler,<br>Zurich         |
| <b>10.30</b> | <b>Coffee break with poster session</b>  |                              |

## Session II

### Mechanisms of environmental effects I

**Chair:** S. Bellentani, Carpi; W. Schmiegel, Bochum

- |              |  |                            |
|--------------|--|----------------------------|
| <b>11.00</b> | Hygiene and other early childhood influences | G. A. W. Rook,<br>London   |
| <b>11.30</b> | Nutritional influences                       | P. L. Lakatos,<br>Budapest |
| <b>12.00</b> | Physical activity and obesity                | P. Moayyedi,<br>Hamilton   |
| <b>12.30</b> | <b>Lunch break with poster session</b>       |                            |



# Saturday, October 9, 2010

## Session III

### Mechanisms and environmental effects II

**Chair:** M. A. Gassull, Badalona; P. Malfertheiner, Magdeburg

- |              |   |                           |
|--------------|---|---------------------------|
| <b>14.00</b> | Infections as trigger for chronic disorders | P. Marteau,<br>Paris      |
| <b>14.30</b> | Mechanisms of drug toxicity or intolerance  | L. Egan,<br>Galway        |
| <b>15.00</b> | Alcohol, smoking and other toxins           | M. V. Singer,<br>Mannheim |
| <b>15.30</b> | <b>Coffee break with poster session</b>     |                           |

## Session IV

### The liver as a target

**Chair:** M. P. Manns, Hannover; R. Poupon, Paris

- |              |                          |                           |
|--------------|--------------------------|---------------------------|
| <b>16.00</b> | Infections and the liver | B. Eksteen,<br>Birmingham |
| <b>16.30</b> | Gallstones               | F. Lammert,<br>Bonn       |
| <b>17.00</b> | NASH and ASH             | S. Bellentani,<br>Carpi   |

#### State-of-the-Art Lecture

**Chair:** H. E. Blum, Freiburg

- |              |   |                               |
|--------------|---|-------------------------------|
| <b>17.30</b> | What need gastroenterologists to learn from epidemiology? | E. V. Loftus,<br>Rochester    |
| <b>18.00</b> | <b>Presentation of the Herbert Falk award</b>             | J. Schölmerich,<br>Regensburg |
| <b>18.30</b> | <b>Herbert Falk award lecture</b>                         | N.N.                          |
| <b>18.50</b> | <b>End of afternoon session</b>                           |                               |



**Sunday, October 10, 2010**

## **Session V**

### **The gut as target**

**Chair:** J.-F. Colombel, Lille; W. Kruis, Cologne

- |              |  |                               |
|--------------|--|-------------------------------|
| <b>9.00</b>  | Irritable bowel syndrome: Gender, infections, lifestyle or what else?      | R. C. Spiller,<br>Nottingham  |
| <b>9.30</b>  | Inflammatory bowel disease –<br>Which lifestyle factors are of importance? | J. Cosnes,<br>Paris           |
| <b>10.00</b> | Colon cancer – A civilization disorder?                                    | A. J. M. Watson,<br>Liverpool |
| <b>10.30</b> | <b>Coffee break with poster session</b>                                    |                               |

## **Session VI**

### **Upper GI-tract and pancreas as a target**

**Chair:** G. Adler, Ulm; R. H. Hunt, Hamilton

- |              |   |                            |
|--------------|---|----------------------------|
| <b>11.00</b> | Carcinoma of oesophagus and stomach –<br>Differences between orient and occident:<br>Which factors are of importance? | E. M. El-Omar,<br>Aberdeen |
| <b>11.30</b> | Gastrooesophageal reflux disease  | A. Sonnenberg,<br>Portland |
| <b>12.00</b> | Chronic pancreatitis and pancreatic cancer –<br>Are there environmental influences beyond alcohol?                    | M. M. Lerch,<br>Greifswald |
| <b>12.30</b> | <b>Lunch break with poster session</b>  |                            |



# Sunday, October 10, 2010

**13.45 Presentation of Poster Prizes**

R. H. Hunt,  
Hamilton

## Session VII Implications for treatment

**Chair:** C. Beglinger, Basel; J. Schölmerich, Regensburg;

**14.00** Hepatobiliary disorders

M. Pinzani,  
Florence

**14.30** Disorders of the large and small intestine

S. Crowe,  
Charlottesville

**15.00** Disorders of the upper GI-tract and the pancreas

R. M. Schmid,  
Munich

### State-of-the-Art Lecture

**Chair:** D. K. Podolsky, Dallas

**15.30** Diseases of the digestive tract –  
Is prevention possible and feasible?

J. R. Malagelada,  
Barcelona

**16.00 End of meeting**



## Herbert Falk (1924 – 2008)



Herbert Falk was born in 1924 in Müllheim, a small town in South-West Germany between Freiburg and Basle, where his father ran a pharmacy. It was here that Herbert Falk spent his early years, attending primary school and high school up to the 5<sup>th</sup> grade. His parents then moved to Freiburg, where his father had his own pharmacy. On gaining his university entrance diploma from the Rotteck high school in March 1942, he was immediately called up for military service. During the Second World War he served on the front line in North Africa as a soldier with the Africa Corps and narrowly escaped death several times. At the end of the North Africa campaign, he was captured and transferred to the USA as a prisoner of war, spending his final year of captivity in England.

On his release and return to Germany, Herbert Falk studied pharmacy, then medicine at the University of Freiburg. He graduated and received his doctor's degree in both subjects. Thereafter, he took over the pharmacy in Freiburg from his father.

After several years of success as a pharmacist, Herbert Falk made the decision which would prove so crucial for his future life's journey and founded his own company, producing and marketing pharmaceuticals for application in gastroenterological and hepatological diseases. Within a few years, his abundant energy, determined pursuit of goals, untiring diligence, keen eye for promising research developments, and not least his legendary talent for organization, had turned his pharmaceutical company into a global enterprise world famous in specialist circles. Falk products are meanwhile highly acclaimed not only in Germany and other European countries but also in South America, countries of the Near and Far East, Russia, China and Australia.

Herbert Falk's contributions to research were founded not on his own scientific work but on his organization of symposia, workshops and other scientific congresses which he sponsored and promoted to an extraordinary level and with great personal dedication. International Falk symposia, workshops and congresses have won global recognition. There are several reasons for this:

- In addition to numerous advanced medical education programs for doctors organized by the Falk Foundation, which are primarily or exclusively concerned with issues of medical practice, the foundation also organizes symposia, workshops and congresses. These feature in-depth lectures and critical discussions on questions and findings of biomedical basic sciences as well as their application in diagnostic measures, diagnostic decision-making, disease prevention and therapy.
- Leading researchers from a particular field and clinical-medical experts are invited to Falk symposia as speakers or discussion leaders, enabling comparison within a field at an international level. The scientific organizers have a completely free hand in their choice of topics and selection of speakers. This gives symposia participants an opportunity to acquire first-hand knowledge of the latest findings in their field.
- Falk symposia are the ideal opportunity for representatives of biomedical basic research, clinical research and physicians working in clinic and practice to meet and

exchange opinions. Participants benefit enormously from this fertile interchange of personal experiences, critical viewpoints and valuable suggestions for further work.

- Not least, Falk symposia are of great significance for the new medical and scientific generation in Germany, since they provide an opportunity for young doctors and scientists to encounter internationally renowned scientists from the field of gastroenterology who can answer their queries and assist their further progress by offering constructive criticism, suggestions and encouragement. A frequent outcome of these encounters is the opportunity for young German scientists to spend a lengthy period abroad as guests in the laboratories or clinical institutions of foreign researchers.

It was Herbert Falk's personality which gave the symposia their unique stamp. His generous support of organizers and speakers, intuitive flair for innovative developments, extraordinary talent for organization and overwhelming hospitality have turned Falk symposia, workshops and congresses into scientific events of international esteem and renown.

Herbert Falk received many honors and distinctions for his outstanding achievements as a sponsor of biomedical and clinical research and patron of the upcoming medical-scientific generation. These included honorary membership of numerous national and international gastroenterological and hepatological societies. He was made an honorary doctor of the medical faculties of the Universities of Cluj-Napoca (Romania), Basle and Freiburg. The German Medical Association commended him for his services by awarding him the Ernst von Bergmann Plakette. In 2004, the American Gastroenterological Association (AGA) honored him with its highest distinction: The Lifetime Distinguished Service Award.

The portrait of Herbert Falk would not be complete without mentioning some key aspects and traits of his personality. Despite his multifaceted success in the development of his pharmaceutical company and the many honors he received, Herbert Falk remained a man of great humility in his personal dealings with the people around him. His friends and co-workers could rely on him implicitly to fulfill any decision or promise which had been made. He always had an open ear for constructive criticism. His joie de vivre and positive attitude to life remain unforgettable. Especially memorable is the pleasure he took in the culinary delights of kitchen and cellar. On such festive occasions he would strike up the "Badener Lied", the hymn to his beloved native area of Baden. The unique beauty of this countryside - so dear to him from countless hikes through the Black Forest - never ceased to fascinate him. This was where he felt at home. This was where he found the strength and inspiration he needed for his work.

Herbert Falk continued to contribute to the development of his company into a ripe old age. He kept up to date with the latest international research projects in the fields of gastroenterology and hepatology, showing a keen interest, critical discernment and sure instinct for quality. He did not give up his leading role in the company until the end of 2003, when he was nearly 80 years of age.

In 2008, a serious illness borne with admirable equanimity brought his life to an end. His memory, life's work and services will live on through the Herbert Falk Prize.

Wolfgang Gerok, Freiburg

## International Herbert Falk Award 2010

The International Herbert Falk Award will be presented for the first time by the Falk Foundation e.V. on the occasion of the Falk Symposium 176 in October 2010. The prize amounts to EUR 40.000,- and is awarded for outstanding contributions to gastroenterology, including advances in diagnosis, therapy and prevention.

### **Members of the Prize Committee:**

- M. A. Gassull, Badalona (Spain)
- D. P. Jewell, Oxford (Great Britain)
- P. L. Lakatos, Budapest (Hungary)
- J. Schölmerich, Regensburg (Germany)
- S. Vermeire, Leuven (Belgium)

### **Coordinator of the Herbert Falk Award Committee:**

Prof. Dr. med. J. Schölmerich  
Klinik für Innere Medizin I  
Klinikum der Universität Regensburg  
93042 Regensburg  
Germany

## Poster Session

Posters will be exhibited on October 9 - 10, 2010, at the Konzerthaus Freiburg. The authors will be in attendance during coffee and lunch breaks on both days.

## Call for posters

Please submit your poster abstract before **May 31, 2010**. Only one-page abstracts not exceeding 250 words, written in English and saved in Microsoft Word format will be accepted.

Abstracts must be submitted via our Internet Abstract Submission System (<http://www.falkfoundation.com/poster>) where further information regarding the submission format and the submission process is available.

The abstracts will be selected by the scientific organizers, preference being given to those thematically related to one of the sessions of the program.

The accepted abstracts will be printed and distributed to the participants of the congress together with the documents of the meeting.

The authors will receive notification about acceptance and further instructions in **June 2010**.

Contact address for further information on the poster session:

Falk Foundation e.V.  
P.O. Box 6529  
79041 Freiburg/Germany  
Telephone: +49 (0) 761 / 15 14 - 0  
Telefax: +49 (0) 761 / 15 14 - 359  
Web address for submitting poster abstracts:  
<http://www.falkfoundation.com/poster>

For the **first author** of an accepted **poster**, expenses for accommodation (October 8–11, 2010) and fees for the scientific program and evening activities will be covered during the Falk Symposium 176. **Travel expenses are not covered.**

## Poster prizes

Three prizes will be awarded for the best presentations.

Prize winners will be presented with a prize certificate and cheques for € 1.500,-, € 1.000,- and € 500,- respectively. Travel expenses will be covered additionally for the first author of prize winning posters.

# List of Speakers, Moderators and Scientific Organizers

## **Prof. Dr. Guido Adler**

Klinik für Innere Medizin I  
Universitätsklinikum Ulm  
Albert-Einstein-Allee 23  
89081 Ulm  
Germany  
guido.adler@uniklinik-ulm.de

## **Prof. Dr. Christoph Beglinger**

Kantonsspital  
Gastroenterologie  
Petersgraben 4  
4031 Basel  
Switzerland  
beglinger@tmr.ch

## **Prof. Dr. Stefano Bellentani**

Ospedale di Carpi  
Azienda USL di Modena  
Gastroenterologia  
Ospedale „Ramazzini“  
Via Molinari 2  
41012 Carpi (Modena)  
Italy  
liversb@unimore.it

## **Prof. Dr. Dr. h. c. mult. H. E. Blum**

Innere Medizin II  
Universitätsklinikum Freiburg  
Hugstetter Str. 55  
79106 Freiburg  
Germany  
hubert.blum@uniklinik-freiburg.de

## **Prof. Dr. Dr. h. c. mult. Meinhard Classen**

Unsöldstr. 5  
80538 München  
Germany  
meinhard.classen@lrz.tum.de

## **Prof. Dr. Jean-Frederic Colombel**

Hôpital Claude Huriez  
CHRU Lille  
Gastroenterology & Hepatology  
1, Place de Verdun  
59037 Lille  
France  
jfcolumbel@chru-lille.fr

## **Prof. Dr. Jacques Cosnes**

Hôpital Saint Antoine  
Service de Gastroentérologie  
& Nutrition du Prof. Gendre  
184, Rue du Faubourg St.-Antoine  
75571 Paris  
France  
jacques.cosnes@sat.ap-hop-paris.fr

## **Sheila Crowe, M.D.**

Professor of Medicine  
University of Virginia  
School of Medicine  
Digestive Health Center  
Charlottesville VA 22908  
USA  
scrowe@virginia.edu

## **Richard Duerr, M.D.**

University of Pittsburgh  
School of Medicine  
Gastroenterology & Hepatology  
UPMC Presbyterian 3D  
200 Lothrop Street  
Pittsburgh PA 15261  
USA  
duerr@pitt.edu

## **Prof. Dr. Laurence Egan**

National University of Ireland  
Department of Pharmacology  
& Therapeutics  
Galway  
Ireland  
laurence.egan@nuigalway.ie

## **Dr. Bertus Eksteen**

Queen Elizabeth Hospital  
Institute of Clinical Sciences  
Liver Research Laboratories  
Birmingham B15 2TH  
Great Britain  
b.eksteen@bham.ac.uk

**Prof. Dr. Emad M. El-Omar**

University of Aberdeen  
Department of Medicine  
& Therapeutics  
Foresterhill  
Aberdeen AB25 2ZD  
Great Britain  
e.el-omar@abdn.ac.uk

**Prof. Dr. Miquel A. Gassull**

Germans Trias i Pujol Foundation  
Health Sciences Research Inst.  
Carretera de Can Ruti  
Cami de les Escoles, s/n  
08916 Badalona  
Spain  
mgassull.germanstrias@gencat.net

**James P. Hamilton, M.D.**

John Hopkins University  
School of Medicine  
Division of Gastroenterology  
Ross 918  
720 Rutland Avenue  
Baltimore MD 21205  
USA  
jpahamilton@jhmi.edu

**Prof. Dr. Richard H. Hunt**

McMaster University  
Health Science Centre  
Department of Gastroenterology  
Room 4W8  
1200 Main Street West  
Hamilton ON L8N 3Z5  
Canada  
huntr@mcmaster.ca

**Prof. Dr. Derek P. Jewell**

University of Oxford  
The Radcliffe Infirmary  
Gastroenterology Unit  
Nuffield Department of Medicine  
Woodstock Road  
Oxford OX2 6HE  
Großbritannien  
derek.jewell@ndm.ox.ac.uk

**Prof. Dr. Wolfgang Kruis**

Innere Medizin  
Evang. Krankenhaus Kalk  
Buchforststr. 2  
51103 Köln  
Germany  
kruis@evkk.de

**Prof. Dr. Peter L. Lakatos**

Semmelweis University  
Medical School  
I Department of Medicine  
Koranyi u. 2/a  
1083 Budapest  
Hungary  
kislakpet@bel1.sote.hu

**Prof. Dr. Frank Lammert**

Klinik für Innere Medizin II  
Universitätsklinikum  
des Saarlandes  
Kirrberger Str.  
66424 Homburg  
frank.lammert@uks.eu

**Prof. Dr. Markus M. Lerch**

Innere Medizin A  
Universitätsklinikum Greifswald  
Friedrich-Loeffler-Str. 23  
17489 Greifswald  
Germany  
lerch@uni-greifswald.de

**Edward V. Loftus, M.D.**

Professor of Medicine  
Mayo Clinic  
Division of Gastroenterology  
200 First Street SW  
Rochester MN 55905  
USA  
loftus.edward@mayo.edu

**Prof. Dr. Juan R. Malagelada**

Hospital General Vall d'Hebron  
Servicio de Patología Digestiva  
Paseo Vall d'Hebron 119  
08035 Barcelona  
Spain  
jrmalagelada@vhebron.net

**Prof. Dr. Peter Malfertheiner**

Gastroenterologie/Hepatology  
Universitätsklinikum  
Otto-von-Guericke-Universität  
Leipziger Str. 44  
39120 Magdeburg  
Germany  
peter.malfertheiner@med.ovgu.de

**Prof. Dr. Michael P. Manns**

Klinik für Gastroenterologie,  
Hepatology und Endokrinologie  
Medizinische Hochschule Hannover  
Carl-Neuberg-Str. 1  
30625 Hannover  
Germany  
manns.michael@mh-hannover.de

**Prof. Dr. Philippe Marteau**

Lariboisiere Hôpital  
Service d'Hépatologie  
Gastroenterologie  
2, rue Ambroise Paré  
75010 Paris  
philippe.marteau@lrb.aphp.fr

**Prof. Dr. Paul Moayyedi**

McMaster University  
Health Science Centre  
Dept. of Clinical Epidemiology  
& Biostatistics, Room 3N51D  
1200 Main Street West  
Hamilton ON L8N 3Z5  
Canada  
moayyep@mcmaster.ca

**Prof. Dr. Joachim Mössner**

Medizinische Klinik II  
Universitätsklinikum Leipzig AöR  
Liebigstraße 20  
04103 Leipzig  
Germany  
moej@medizin.uni-leipzig.de

**Prof. Dr. Massimo Pinzani**

Università di Firenze  
Ospedale Careggi  
Fisiopatologia Epatica  
Clinica Medica II  
Viale G.B. Morgagni 85  
50134 Firenze  
Italy  
m.pinzani@dmi.unifi.it

**Daniel K. Podolsky, M.D.**

Professor of Medicine  
University of Texas  
Southwestern Medical Center  
5323 Harry Hines Blvd.  
Dallas TX 75390-9046  
USA  
daniel.podolsky@utsouthwestern.edu

**Prof. Dr. Raoul Poupon**

Hôpital Saint-Antoine  
Service d'Hépatologie-Gastro-  
Entérologie  
184, rue du Faubourg St. Antoine  
75571 Paris  
France  
raoul.poupon@sat.aphp.fr

**Prof. Dr. Dr. Gerhard Rogler**

Universitätsspital Zürich  
Klinik für Gastroenterologie  
& Hepatology  
Rämistrasse 100  
8091 Zürich  
Switzerland  
gerhard.rogler@usz.ch

**Prof. Dr. Graham Rook**

Royal Free and University  
College Medical School  
Dept. of Medical Microbiology  
46 Cleveland Str.  
London W1P 6DB  
Great Britain  
g.rook@ucl.ac.uk

**Prof. Dr. Roland M. Schmid**

Innere Medizin II  
Klinikum rechts der Isar  
der Technischen Universität  
Ismaninger Str. 22  
81675 München  
Germany  
roland.schmid@lrz.tum.de

**Prof. Dr. Wolff Schmiegel**

Medizinische Universitätsklinik  
Ruhr-Universität Bochum  
In der Schornau 23-25  
44892 Bochum  
Germany  
wolff.schmiegel@ruhr-uni-bochum.de

**Prof. Dr. Jürgen Schölmerich**

Klinik für Innere Medizin I  
Klinikum der  
Universität Regensburg  
93042 Regensburg  
juergen.schoelmerich@klinik.uni-regens-  
burg.de

**Prof. Dr. Dr. h. c. mult. Manfred V. Singer**

II. Medizin. Klinik  
Universitätsmedizin Mannheim  
Theodor-Kutzer-Ufer 1-3  
68167 Mannheim  
Germany  
manfred.v.singer@umm.de

**Amnon Sonnenberg, M.D.**

Veterans Affairs Medical Center  
Gastroenterology  
3710 SW US Veterans Hospital Rd.  
Portland OR 97239  
USA  
sonnenbe@ohsu.edu

**Prof. Dr. Robin C. Spiller**

University Hospital  
Queen's Medical Centre  
Nottingham Digestive Diseases Ct  
Biomedical Research Unit  
Nottingham NG7 2UH  
Great Britain  
robin.spiller@nottingham.ac.uk

**Prof. Dr. Guido N. J. Tytgat**

Emeritus  
Diepenbrockstr. 52  
1077 WB Amsterdam  
Netherlands  
g.n.tytgat@amc.uva.nl

**Prof. Dr. Alastair J. M. Watson**

The University of Liverpool  
School of Clinical Sciences  
Division of Gastroenterology  
Nuffield Building  
Crown Street  
Liverpool L69 3GE  
Great Britain  
alastair.watson@liverpool.ac.uk



## General Information

**Prior** to the opening of the congress in Freiburg

Falk Foundation e. V. Telephone: +49 (0) 761 / 15 14 - 0  
Congress Division Telefax: +49 (0) 761 / 15 14 - 359  
Leinenweberstr. 5 E-mail: symposia@falkfoundation.de  
P.O. Box 6529  
79041 Freiburg/Br. (Germany)

## Congress Office

**During** the IV Falk Gastro-Conference

Konzerthaus Freiburg Telephone: +49(0)761/3881-466  
Konrad-Adenauer-Platz Telefax: +49(0)761/3881-467  
79098 Freiburg  
Germany

### Opening Hours:

Tuesday, October 5, 2010	11.00 – 18.40 h
Wednesday, October 6, 2010	8.30 – 18.30 h
Thursday, October 7, 2010	8.00 – 18.30 h
Friday, October 8, 2010	8.00 – 17.00 h
Saturday, October 9, 2010	8.30 – 18.00 h
Sunday, October 10, 2010	8.30 – 16.00 h

## Congress Fees

Scientific program of the Falk Symposium 176	€ 200,-
Students and residents	€ 100,-

**\*\*\* OR \*\*\***

<b>Day ticket</b>	€ 120,-
Students and residents	€ 60,-

### The congress fees include:

- Refreshments during coffee breaks
- Lunch on October 9 and 10, 2010
- A copy of the abstract volume
- Parking at the "Konzerthaus Freiburg"

## Registration

Congress registrations must reach the Falk Foundation e.V. by **August 15, 2010 at the latest**. Congress fees may be paid by cheque payable to the Falk Foundation e.V. or by bank transfer to Volksbank Freiburg e.G., Germany, Bank No. 68090000, Account No. 1452010, IBAN DE33 6809 0000 0001 4520 10, BIC Genode 61 FR1. Please mark bank transfers with "IV Falk Gastro-Conference".

To ensure correct registration, participants are asked to send in their registration and the fee remittance together.

After receipt of registration form, each participant will be provided with confirmation of his registration. On presentation of this confirmation at the Congress Office in Freiburg participants will receive the congress folder containing name badges, admission tickets and the abstract volume.

In the event of registration cancellations, a handling fee of EUR 20,- will be deducted from the refund. All participants will receive a written confirmation of attendance at the end of the meeting.

## Admission to Scientific Events

For admission to scientific events your name badge should be clearly visible.

## Hotel Accommodation

Please send the hotel accommodation form by **August 15, 2010, at the latest** to

Insider Group AG  
Am Bischofskreuz 1  
79114 Freiburg  
Germany  
Telephone: +49(0)761/885 81-169  
Telefax: +49(0)761/885 81-149  
E-Mail: [info@insidergroup.de](mailto:info@insidergroup.de)  
[www.insidergroup.de](http://www.insidergroup.de)

The hotel reservation will be confirmed directly by Insider Group AG Freiburg

## **Congress Report**

The official congress report of the Falk Symposium 176 "Environment and Lifestyle – Effects on Disorders of the Digestive Tract" will be published in English in the first half of 2011 by Karger Publishers, Basel, Switzerland. Orders for this book at a reduced subscription price of € 35,- can be placed at the Congress Office during the congress in Freiburg.

## **Congress Short Report**

The congress short report of the IV Falk Gastro-Conference will be published by the Falk Foundation e.V. with number FSK 175-176 in the first half of 2011.

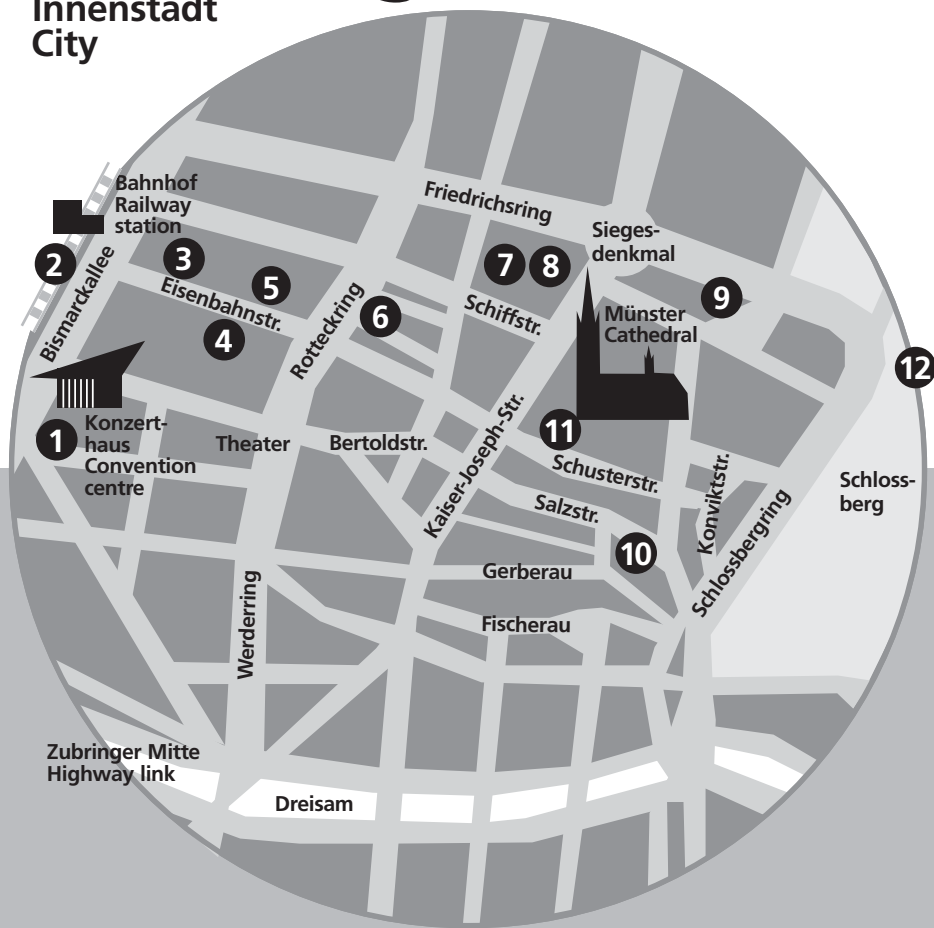
Orders for this short report, free of charge, can be placed with the Falk Foundation e.V.

## **Airport**

International Airport Frankfurt and Basel

# Freiburg

Innenstadt  
City




## Hotels & Restaurants in Freiburg

- 1 Dorint Hotel am Konzerthaus
- 2 InterCity Hotel
- 3 Hotel Rheingold
- 4 Hotel Victoria
- 5 Park Hotel Post
- 6 Colombi Hotel

- 7 City Hotel
- 8 Central Hotel
- 9 Hotel Novotel
- 10 Hotel zum Roten Bären
- 11 Hotel Oberkirch
- 12 Restaurant Dattler



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Leinenweberstr. 5 79108 Freiburg Germany Tel +49 (0)761/1514-0 Fax +49 (0)761/1514-321 Mail [zentrale@dralfalkpharma.de](mailto:zentrale@dralfalkpharma.de)



## General Information:

FALK FOUNDATION e.V.



Leinenweberstr. 5  
79108 Freiburg  
Germany

Congress Division

Telephone: +49(0)761/1514-0

Telefax: +49(0)761/1514-359

E-mail: [symposia@falkfoundation.de](mailto:symposia@falkfoundation.de)

[www.falkfoundation.org](http://www.falkfoundation.org)